

# 血清斯钙素-1在稳定期慢性阻塞性肺病中的表达及意义

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**[摘要]** 目的:探讨斯钙素-1(stanniocalcin-1,STC1)在稳定期慢性阻塞性肺病(chronic obstructive pulmonary disease,COPD)患者血清中的表达及意义。方法:收集55例稳定期COPD患者,根据肺功能和问卷评分进行相应分组,且以24例健康者作为对照。采用酶联免疫吸附法(ELISA)测定各研究对象的血清斯钙素-1表达情况,进行相关分析。结果:①与健康对照组相比,稳定期COPD患者血清斯钙素-1表达水平明显降低( $P < 0.05$ )。②血清斯钙素-1在初筛COPD上具有一定价值( $P=0.025$ , $AUC=0.659$ ),最佳阈值为1 350 pg/mL(敏感度81.82%,特异度50.00%)。③血清斯钙素-1与稳定期COPD患者病情严重程度[包括GOLD分级、慢阻肺评估测试(COPD assessment test,CAT)评分、ABCD分组、肺功能]无明显相关性。结论:血清斯钙素-1在COPD中显著降低,可能对于COPD的诊治具有一定临床意义。

**[关键词]** 慢性阻塞性肺病;斯钙素-1

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## Expression and role of serum stanniocalcin-1 in chronic obstructive pulmonary disease

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**[Abstract]** **Objective:** To investigate the serum level of stanniocalcin - 1 (STC1) in patients with stable chronic obstructive pulmonary diseases (COPD) and to explore the relationship between STC1 and severity of the disease. **Method:** A total of 55 patients with definite stable COPD and 24 healthy controls were enrolled in this study. Serum STC1 was measured by enzyme - linked immunosorbent assay (ELISA) , and the correlation between STC1 and COPD was analyzed. **Results:** ① Serum STC1 levels were significantly lower in patients with COPD than healthy controls ( $P < 0.05$ ). ② The receiver-operating characteristic (ROC) curve of serum SCT1 was used for threshold identification ( $AUC=0.659$ ,  $P=0.025$ ), the optimal cut-off point of serum STC1 was 1 350 pg/mL (sensitivity 81.82%, specificity 50.00%, respectively). ③ Poor association of serum STC1 levels with stable COPD was found, including the GOLD classification, COPD assessment test (CAT) scores and lung functions. **Conclusion:** Serum STC1 levels were significantly decreased in COPD patients while it is poorly correlated with disease severity. STC1 might have clinical application in stable COPD.

**[Key words]** chronic obstructive pulmonary disease(COPD);stanniocalcin-1(STC1)

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慢性阻塞性肺疾病(简称慢阻肺,chronic obstructive pulmonary disease,COPD)是一种以持续气流受限为特点的慢性气道炎症性疾病<sup>[1]</sup>。慢阻肺气道炎症由多种细胞和细胞因子共同参与<sup>[2]</sup>,其具体机制至今仍是研究方向。目前认为,氧化应激在慢阻肺的发生发展过程中有重要作用<sup>[3]</sup>。吸烟引起的

氧化应激过程,尤其是活性氧(reactive oxygen species,ROS)的生成,能够引起肺脏的损伤,与慢阻肺的进展有明显关系<sup>[4]</sup>。

斯钙素-1(stanniocalcin-1,STC1)是一种重要的分泌型蛋白,能够调节钙磷代谢<sup>[5]</sup>。近期研究已证实,它与氧化应激、细胞凋亡、细胞自噬等有关<sup>[6-7]</sup>。外源加入STC1重组蛋白,可明显改善小鼠肺部以及眼部的氧化应激程度<sup>[8-9]</sup>,提示STC1可能参与慢阻肺的发生发展。既往临床研究发现,肺腺癌患者的

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血清STC1水平与疾病进展有显著相关性<sup>[10]</sup>,但STC1与慢阻肺的关系尚未见报道。因此我们通过检测STC1在血清中的表达水平,探讨其与慢阻肺的关系。

## 1 对象和方法

### 1.1 对象

本研究通过南京医科大学第一附属医院伦理委员会批准,收集2012—2016年间稳定期慢阻肺患者55例,所有患者诊断均符合《全球慢阻肺防治倡议》慢阻肺诊断标准<sup>[1]</sup>,且所有受试者均已排除恶性肿瘤、活动性肺结核、肺间质纤维化、肺部手术史、哮喘或伴有严重的心、脑、肝、肾、内分泌、神经系统疾病等。慢阻肺患者独立填写慢阻肺评估测试(COPD assessment test,CAT)量表评分,并根据肺功能结果和量表评分,将患者进行相应分组。收集同期健康查体的对照组24例,确认其无心肺肾等相关疾病。

### 1.2 方法

#### 1.2.1 患者分组

分组1:基于患者肺功能结果中舒张后的1 s用力呼气容积(forced expiratory volume in 1 second, FEV<sub>1</sub>%)占预计值的百分比(FEV%pred)可将患者分为4级:GOLD(Global initiative for chronic obstructive lung disease)1, FEV<sub>1</sub>%pred > 80%; GOLD2, 50%≤FEV<sub>1</sub>%pred < 80%; GOLD3, 30%≤FEV<sub>1</sub>%pred < 50%; GOLD4, FEV<sub>1</sub>%pred < 30%。

分组2:基于患者填写的CAT问卷评分分为4组:0~10分为轻微影响;11~20分为中等影响;21~30分为严重影响;31~40分为非常严重影响。

分组3:结合患者过去1年的急性加重病史与CAT评分,根据GOLD评估标准,将其分为4组:A:CAT<10分,且过去1年急性加重次数≤1次;B:CAT≥10分,且过去1年急性加重次数≤1次;C:CAT<10分,且过去1年急性加重次数>1次;D:CAT≥10分,且过去1年急性加重次数>1次。

#### 1.2.2 血清测定

所有患者均空腹抽取静脉血4 mL,静置后1 000 r/min离心10 min,收集血清,置于-40 ℃冰箱保存。通过酶联免疫吸附法(ELISA)测定患者血清中STC1表达水平。操作步骤均按照ELISA试剂盒使用说明书(SEC874Hu,优尔生公司,武汉)进行。

#### 1.3 统计学方法

数据均采用SPSS 20.0软件进行分析,结果以均值±标准差( $\bar{x} \pm s$ )表示。两组间差异比较采用成组t检验,多组间进行比较时采用单因素方差分析,相

关性分析采用Pearson相关分析。 $P \leq 0.05$ 差别有统计学意义。

## 2 结 果

### 2.1 研究对象基本资料

55例稳定期慢阻肺患者和24例健康对照者的基本情况均列于表1中。慢阻肺患者的平均年龄( $70.02 \pm 1.14$ )岁,BMI为( $22.17 \pm 0.38$ )kg/m<sup>2</sup>,吸烟指数为( $664.7 \pm 87.02$ )年·支;健康对照平均年龄为( $65.34 \pm 1.26$ )岁,BMI为( $23.90 \pm 0.56$ )kg/m<sup>2</sup>,吸烟指数为( $13.64 \pm 9.36$ )年·支。两组研究对象在年龄、BMI、吸烟指数、肺功能(包括FEV<sub>1</sub>、FEV<sub>1</sub>%预计值、FEV<sub>1</sub>/FVC)上都具有差异性。

表1 研究对象基本资料

Table 1 Basic information of the research object

临床特征	健康对照组	慢阻肺组
例数(男/女)	24(5/19)	55(47/8)
年龄(岁)	$65.34 \pm 1.26$	$70.02 \pm 1.14^{***}$
BMI(kg/m <sup>2</sup> )	$23.90 \pm 0.56$	$22.17 \pm 0.38^*$
吸烟指数(年·支)	$13.64 \pm 9.36$	$664.70 \pm 87.02^{***}$
FEV <sub>1</sub> (L)	$2.55 \pm 0.14$	$1.36 \pm 0.06^{***}$
FEV <sub>1</sub> %	$91.79 \pm 2.01$	$53.56 \pm 2.43^{***}$
FEV <sub>1</sub> /FVC	$77.51 \pm 1.91$	$58.94 \pm 1.35^{***}$

两组比较, $*P < 0.05$ , $^{***}P < 0.001$ 。

### 2.2 血清STC1在慢阻肺患者和健康对照者中的表达水平

如图1所示,慢阻肺患者血清中STC1表达水平为( $1 117 \pm 49.81$ )pg/mL,健康对照组的血清STC1水平为( $1 353 \pm 89.24$ )pg/mL,两者进行对比分析发现,慢阻肺组的血清STC1水平显著低于健康对照组,差异有统计学意义( $P < 0.05$ )。

### 2.3 慢阻肺患者血清STC1的ROC曲线

根据慢阻肺患者的血清STC1表达水平,绘制ROC曲线(图2)。ROC曲线结果显示,曲线下面积为0.659(95%CI:0.522~0.796; $P=0.025$ ),其最佳阈值为1 350 pg/mL,此时的敏感度为81.82%,特异度为50.00%。

### 2.4 慢阻肺不同分组下血清STC1的表达

根据不同分组要求,将慢阻肺患者不同分组情况下血清STC1表达水平与健康对照进行比较,并且进行组间两两比较。如图3A所示,GOLD分级下的血清STC1与健康对照组相比无明显差异,且GOLD分级各组间比较也无差异性。根据CAT分组后发现,与健康对照组相比,CAT评分各组患者STC1表

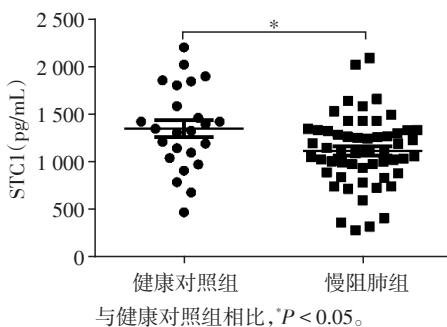


图1 血清斯钙素-1在慢阻肺患者和健康对照者中的表达水平

Figure 1 Expression level of serum STC1 in COPD patients and healthy controls

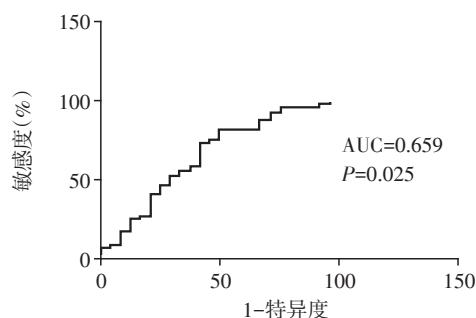


图2 血清斯钙素-1的ROC曲线

Figure 2 The ROC curve of serum STC1

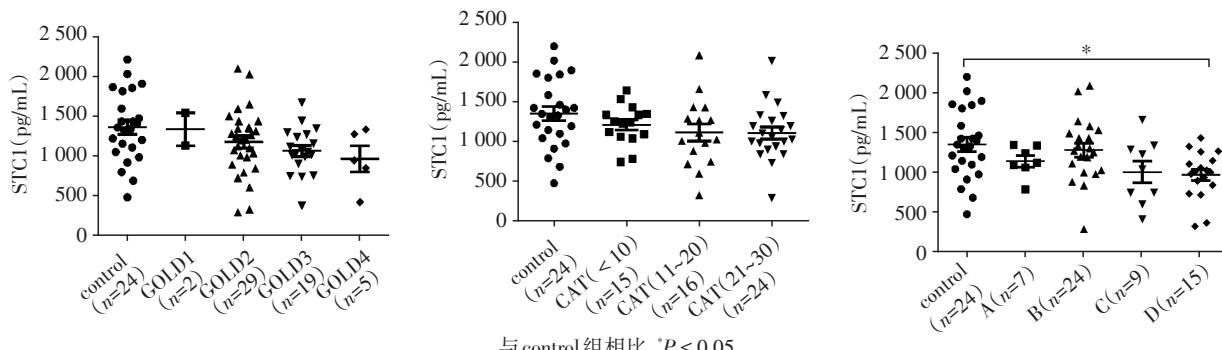


图3 慢阻肺不同分组血清斯钙素-1的表达

Figure 3 Expression level of serum STC1 in different groups of COPD patients

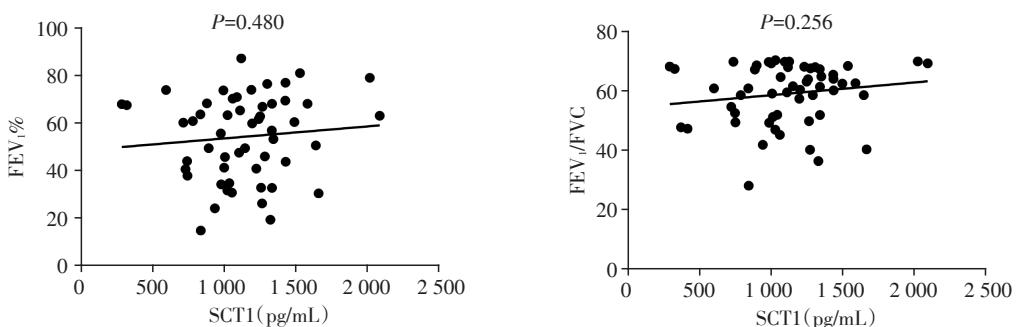


图4 血清斯钙素-1与肺功能相关性

Figure 4 Correlation between serum STC1 and lung function

达未见明显差异,且CAT评分各组间比较亦未发现显著差异(图3B)。根据ABCD分组(图3C),D组的血清STC1水平与健康对照组相比明显降低,差异有统计学意义( $P < 0.05$ )。

## 2.5 血清STC1与肺功能相关性

将血清STC1表达水平与慢阻肺患者FEV<sub>1</sub>%和FEV<sub>1</sub>/FVC进行比较,结果显示,慢阻肺患者血清中的STC1水平与其肺功能无明显相关性(图4)。

## 3 讨论

慢阻肺的发病机制至今仍认为是复杂的<sup>[11]</sup>,这也造成了慢阻肺患者气道炎症的异质性。氧化应激过程在慢阻肺进程中发挥重大作用<sup>[12]</sup>。有研究表明,吸烟不但能将香烟中的多种氧化物引入肺部<sup>[13]</sup>,同时也可引起气道上皮细胞中的线粒体产生过多ROS<sup>[14]</sup>,从而导致肺损伤。对于慢阻肺中氧化应激产生的生物标志物研究一直是热点<sup>[15-16]</sup>。然而,至今仍无明确的标志物可以评估慢阻肺中的氧化应激。

本文中所研究的分泌型糖蛋白STC1,最开始发现在硬骨鱼肾脏中<sup>[5]</sup>,具有调控生物体内钙磷平衡的作用。近10年研究发现,STC1表达于多种组织,尤其是肿瘤组织。研究证实,STC1在多种肿瘤组织中

表达升高,如乳腺癌<sup>[17]</sup>、结直肠癌<sup>[18]</sup>、卵巢癌<sup>[19]</sup>等。既往研究也发现,STC1在肺部也有所表达<sup>[20-21]</sup>,如气道上皮细胞<sup>[14]</sup>。并且,STC1在氧化应激方面的作用也越来越得到重视。间充质干细胞(mesenchymal stromal cells, MSC)分泌的STC1可降低由ROS引起的肿瘤细胞凋亡<sup>[6-7]</sup>,且STC1能改善博来霉素诱导的肺损伤中的氧化应激水平和气道炎症<sup>[8]</sup>。Tang等<sup>[22]</sup>发现,通过气道给予重组蛋白STC1,脂多糖诱导的小鼠气道炎症水平降低,氧化应激水平改善,细胞凋亡减少。Wang等<sup>[23]</sup>发现,STC1是通过诱导线粒体中的解偶连蛋白(uncoupling proteins, UCP2)活化来抑制氧化应激过程,具有解偶联蛋白依赖性。因此我们认为,在慢阻肺这种氧化应激参与其进程的疾病中,STC1可能发挥一定作用。

既往研究指出,STC1表达的调节机制包括:①在低氧环境中低氧诱导因子表达增加,从而导致STC1表达显著增高;②P53可促进STC1的表达,可能与STC1启动子上游存在P53结合元件有关;③曲古抑菌素(一种组蛋白乙酰化酶抑制剂)通过解除抑制性转录因子的抑制作用从而启动STC1的表达<sup>[24-25]</sup>。本研究发现,稳定期慢阻肺患者较健康对照组相比,STC1水平显著下降,差异有统计学意义。这可能与慢阻肺患者氧化应激程度较健康者明显有关。慢阻肺患者血清中STC1水平与肺功能无明显相关性,可能由于慢阻肺的异质性所致。尽管STC1与症状评估也无明显相关,但研究仍然发现,D组患者血清STC1水平较健康组明显下降,差别有统计学意义,这可能意味着,STC1在病情更加严重的慢阻肺患者中可能下降更为明显。

综上所述,STC1在慢阻肺的发生发展过程中可能发挥一定作用,通过检测其血清表达水平,可以作为一个辅助评估指标,具有一定临床意义。由于慢阻肺的异质性,本项目临床病例数目相对不多,进一步扩大样本量,获得相关亚组分析结果,将有助于进一步明确血清STC1水平在指导慢阻肺诊治中的作用。

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而,介于ICI182780是非特异性雌激素受体拮抗剂,因此本实验不能区分E2是通过雌激素受体α亚型还是β亚型发挥抑制该信号通路的作用,需要进一步研究证实。

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